

Living Well Be Cancer Aware social media schedule

Social posts will be posted on PHA channels on a Friday at 10am.

Friday 1 October

BCA Dr Graham

The earlier cancer is diagnosed, the easier it is to treat. The Be Cancer Aware campaign is currently running in local community pharmacies. Pick up a Be Cancer Aware booklet from the pharmacy or visit www.becancerawareni.info

Wednesday 13 October

BCA Dr Graham

It's Breast Cancer Awareness Month. See your GP without delay if you notice any changes to the way your breasts usually look and feel. Be Cancer Aware campaign is currently running in community pharmacies. Pick up a booklet from the pharmacy or visit www.becancerawareni.info

Friday 8 October

BCA body graphic

The Be Cancer Aware campaign is currently running in local community pharmacies. Spotting cancer early could save your life. See your GP if you have any of these symptoms. Although it's unlikely to be cancer, it's important to get checked early. Further info @ www.becancerawareni.info

Friday 15 October

BCA logo

Screening saves lives from cancer. The Public Health Agency runs screening programmes for breast, cervical and bowel cancers. Take up the offer of cancer screening when you are invited. More info @ www.pha.site/early-detection

Wednesday 20 October

BCA Dr Graham

It's Breast Cancer Awareness Month. See your GP without delay if you notice any changes to the way your breasts usually look and feel. Be Cancer Aware campaign is currently running in community pharmacies. Pick up a booklet from the pharmacy or visit www.becancerawareni.info

Friday 22 October**BCA Richard Sherwood**

There are lots of small lifestyle changes you can make to reduce your risk of cancer. The Be Cancer Aware campaign is running in local community pharmacies. Speak to a member of the pharmacy team for help and advice or pick up a free Be Cancer Aware booklet to learn more.

Friday 29 October**BCA Dr Graham**

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