

## VOLUNTEERING OPPORTUNITIES

If you work in diabetes or have an interest in doing so, volunteering for a Care Support Event could provide an invaluable experience to aid your professional development. Diabetes UK Northern Ireland is therefore inviting doctors, nurses and dietitians to apply to volunteer at one of our Care Support Events. If you know someone who would be interested, please let them know of the volunteering opportunities available with Diabetes UK Northern Ireland.

## HCPs - WHY WE NEED YOU

- To provide the best possible care to children and young adults learning to live with Type 1 diabetes.
- We rely on your expertise to supervise insulin adjustments and/or other medication.
- Parents are reassured knowing their children are supported by a medical team while on care holiday.
- Without you, we cannot offer these vitally important care holidays.



Please Contact: [Marian.McGuinness@diabetes.org.uk](mailto:Marian.McGuinness@diabetes.org.uk) or phone 028 9066 6646

## DIABETES UK PRIMARY CARE NETWORK

Calling GPs, practice nurses, practice managers, community pharmacists. Keep up-to-date with the latest diabetes information:

- Monthly e-newsletters highlighting the latest advances in diabetes care and management
- Expert video content providing practical, hands-on insights from primary care diabetes specialists to help you improve your daily practice
- Pinpoint - a once-a-month, independent focus on the best, tailored diabetes content on the web - from Diabetes UK and beyond
- Copies of Diabetes UK's Balance and Diabetes Update magazines to help keep you, your colleagues and your patients informed

For **FREE** Primary Care Network Membership join online at [www.diabetes.org.uk](http://www.diabetes.org.uk)

**TYPE 1 DIABETES  
PARENT PEER  
SUPPORT**

**DO YOU  
NEED TO  
TALK?**

Our team of specially trained volunteers are here to listen and offer support, or simply give you the chance to talk to another parent who has been there themselves. A diabetes diagnosis affects the whole family so contact us today.

**GET IN TOUCH**  
You can get in touch by calling  
**028 9066 6646**  
or email: [parentpeersupportni@diabetes.org.uk](mailto:parentpeersupportni@diabetes.org.uk)

## THANK YOU

We acknowledge and appreciate the support given by the pharmaceutical companies for this conference.

Their names will be included in the conference packs.

Diabetes UK Northern Ireland  
Bridgewood House  
Newforge Business Park  
Newforge Lane  
Belfast  
BT9 5NW

**DiABETES UK**  
**CARE. CONNECT. CAMPAIGN.**  
**NORTHERN IRELAND**

Tel 028 9066 6646

Email [n.ireland@diabetes.org.uk](mailto:n.ireland@diabetes.org.uk)

Website [www.diabetes.org.uk/northernireland](http://www.diabetes.org.uk/northernireland)

Registered charity no. 215199

PROFESSIONAL DIABETES  
CONFERENCE  
RIDDEL HALL  
BELFAST  
WEDNESDAY  
1 JUNE 2016

# DIABETES CARE IN THE REAL WORLD: PRACTICAL APPROACHES TO EVERYDAY CHALLENGES



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**NORTHERN IRELAND**

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<b>Morning Chair</b> Dr. Brian Connor, GP, Garvagh		
8.30 am	Registration, refreshments, posters & exhibition	
9.15 am	Welcome	Dr David Chaney, National Director, Diabetes UK Northern Ireland
	Opening Remarks	Sophie Lusby, Lead Commissioner for Diabetes, HSCB
9.30 am	KEYNOTE LECTURE Is diabetes still a state of premature cardiovascular death?	Professor Miles Fisher, Consultant Physician & Diabetologist, NHS Greater Glasgow & Clyde
10.10 am	DIABETIC FOOT CARE IN NORTHERN IRELAND 1. The personal experience of diabetic foot disease 2. The Northern Ireland Diabetic Foot Pathway 3. The Causeway Diabetic Foot Pathway	TBC Mr Bernard Lee, Consultant Vascular Surgeon, Belfast HSC Trust Dr Brian Connor & the Causeway Diabetic Foot Care Team
10.55 am	Pandora's Box: Opening the lid to living with diabetes The role of social media in diabetes care	Dr Neil Black, Consultant Physician & Diabetologist, Western HSC Trust Anne Beattie, person with diabetes
11.30 am	Tea/Coffee Break, Posters & Exhibition	
12.00 noon	Workshops	
13.00 pm	Lunch, Posters & Exhibition	
<b>Afternoon Chair</b> Dr Anthony Lewis, Consultant Physician & Diabetologist, Belfast HSC Trust		
2.15 pm	Nasty or NICE? Making sense of therapeutics in Type 2 diabetes	Dr Kevin Fernando, GP, North Berwick and Diabetes Lead East & Mid Lothian
2.55 pm	End of life choices in diabetes care	Su Down, Diabetes Nurse Consultant, Somerset Partnership, NHS Foundation Trust
3.30 pm	Workshops with Tea	
4.30 pm	Depart	

## WORKSHOP SESSIONS

- Lifestyle support for people who are hard to reach: The role of the Community Sector** Tony Doherty, Regional Coordinator, Healthy Living Alliance
- Self-care for staff: daily mindfulness. An introduction to mindfulness and how this can be used by staff for self-care** Dr Rebecca Houghton, Consultant Clinical Psychologist, Northern HSC Trust
- Information prescriptions: experiences of a primary care intervention that supports knowledge and behaviour change in people with diabetes** Dr Paul Newman, GP, Glasgow
- Using skills and processes in the consultation to facilitate patient empowerment** Dr Mark Davies, Consultant Clinical Psychologist, Belfast HSC Trust & Dr Athinyaa Thiraviaraj, Consultant Physician & Diabetologist, Western HSC Trust
- Preparing for pregnancy in Type 2 diabetes** Dr Adele Kennedy, Consultant Physician & Diabetologist, Northern HSC Trust

## HOW TO APPLY

**\*Special Offer - 2016 Reduced Rate\***

**ONLINE APPLICATION ONLY:**

**Please go to [www.etches.com/169250](http://www.etches.com/169250)**

## RATES ARE AS FOLLOWS:

**Diabetes UK Members £20**

**Non-members £25**

**Students £15** (limited number of 10 students)

**½ day attendance £15**

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