Improving Northern Ireland's Health and Social Care

Update: September 2013

This issue contains an update on some of the key areas of implementation underway, including: Update from John Compton, Chief Executive of the Health and Social Care Board Page 1 Integrated Care Partnerships Page 1 Community Pharmacists have their say on TYC Page 4 Transformation in Action Page 5

Update from John Compton

"Since our last issue, Health and Social Care Northern Ireland has continued to make significant progress on the major health and social care reforms and I remain confident that the changes taking place will significantly transform care in Northern Ireland for the better.



John Compton

"The Board, Health and Social Care Trusts and other organisations are preparing detailed plans for how the changes will be implemented such as; the development of Integrated Care Partnerships and the expansion of the Percutaneous Coronary Intervention Service in Northern Ireland. Other changes are already well underway which you can read more about in this Update including; the resettlement of people with learning disabilities from long stay hospitals, and the increasing use of technology to support people with long term conditions, such as COPD.

"Communication, debate and transparency are critical as we implement Transforming Your Care (TYC) and, building on a comprehensive period of engagement over the last 18 months, the Board will be getting out and about again through the Autumn, to speak to the public and stakeholders about what TYC means for local communities."

Integrated Care Partnerships (ICPs)

ICPs bring together doctors, nurses, pharmacists, social workers, hospital specialists, other healthcare professionals and the voluntary and community sector, as well as service users and carers, to design and coordinate local health and social care services.

Great progress has been made over the summer months in establishing the full membership for the seventeen ICP Partnership Committees set up across Northern Ireland.

A recruitment campaign has been run with support from the Patient Client Council to identify service users and carer representatives to get involved with the work of ICPs. The majority of committees now include service users and carers and specific induction sessions for those members are underway.













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With support from CO3 (Chief Officers of the 3rd Sector) and the Long Term Conditions Alliance NI, a second workshop with the voluntary and community sector was held to discuss the sectors role within ICPs.

Nominations to the majority of partnership committees have now been made and further discussions are planned to ensure the sector is supported to fulfil its role within ICPs.

Early discussions within ICPs have identified a number of initiatives to take forward including:

- Increasing capacity in stroke specialist early supported discharge services to provide rehabilitation at home and promote independence;
- Extension of home oxygen services;
- Improved education and training for staff in relation to diabetes care;
- Improved access to podiatry services.

Work will be gathering pace over the coming months to review full pathways of care for the clinical priority conditions; diabetes, stroke, respiratory conditions, and services for the frail elderly.



Pictured at the voluntary and community sector workshop.

(L-R) Majella McCloskey CO3, Heather Monteverde LTCA NI, Michelle Bekmez, HSCB and Irene Hewitt, Facilitator.

New plan published for way forward on Statutory Residential Care Homes

Last month, the Health and Social Care Board published its plan setting out the way forward for engaging, consulting and implementing changes to the provision of Statutory Residential Care Homes across Northern Ireland.

The new process will be taken forward in two stages of consultation.

The Board will be encouraging and supporting open and honest discussions during both consultation processes.

Stage one is planned to commence at the end of October 2013.

Stage One

To seek views on the criteria to be used to assess current Statutory Residential Care

Stage Two

Following the consultation, the agreed criteria will be used by Trusts to inform the Board of their future intentions for their residential care homes. Any changes, including proposed closures, will be further consulted on.

"The views of residents and their families will be central in the consideration of the future role of statutory residential homes for older people."

That was the message from the Health Minister, Edwin Poots as he commented on the publication of the Board's Plan. The Minister's statement in full can be viewed on the Department's website; www.northernireland.gov.uk/news-dhssps-210813-consultation-with-residents













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Leading the new process, Fionnuala McAndrew, Director of Social Care and Children at the Board explained: "The Board acknowledges that proposals announced earlier this year, caused some residents and their families concern about their future care arrangements and how any change might be managed. I was asked to review these proposals in order to make sure that future changes will be dealt with sensitively and ensure that the future needs of residents are fully considered.

"I want to reassure everyone that no final decisions have been made at this stage on any residential home, however, the Board firmly believes that our services need to change in line with Transforming Your Care to deliver better care for older people which will enable them to stay at home and remain independent where possible, for as long as possible.

"The desire to improve services for older people is the single most important reason for wanting to have these discussions and why I believe that positive changes can happen by working with residents, their families, staff and representatives."

More information about the first stage of consultation will be featured in the next issue of this Update. A copy of the plan is available on the Board's TYC website: www.tycconsultation.hscni.net

Consultation launched on day opportunities

A consultation process on a regional day opportunities model for adults with a learning disability was launched on 16th September 2013 by the Health and Social Care Board.

The vision set out in the Bamford Review and confirmed in Transforming Your Care was to enable people with a learning disability to lead full and meaningful lives in their communities.

The Board is consulting on a proposed day opportunities model for adults with a learning disability which will ensure there is a consistent and greater access to day opportunities across Northern Ireland, and that there is full and meaningful engagement with service users, their families and carers, staff and partners in the voluntary and statutory sectors.

There are many good examples of redesign, diversification and innovation across all Trust areas and across different areas of peoples' lives, from social and leisure to education and employment, all of which offer more choice in the way people can be involved in the community with support.

An example of this is the Zest Coffee Shop in Gilford where adults with learning disabilities are learning catering and customer service skills through their work placements. The men and women who have placements at Zest Coffee Shop are supported to access services in the community so that they can become more independent.



"I prepare the vegetables and side salads for the lunch menus. I like being busy and cleaning the kitchen. I would eventually like to get a job in catering." Gregory Burns, Lurgan













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The closing date for consultation responses is Monday 9th December 2013 at 5pm.

To view or download the consultation documents visit www.hscboard.hscni.net/consult

To send a response or request for further information or alternative formats please contact us as follows:

Email: day.opportunities@hscni.net

Phone: (028) 9032 1313

Post: Day Opportunities, Social Care Directorate, Health and Social Care Board, 12-22 Linenhall Street, Belfast, BT2 8BS.

"Engagement with people with learning disability, carers and families shows that a wider choice of day opportunities is increasingly important to people who use day services."

Aidan Murray, Assistant Director of Mental Health and Learning Disability, HSCB.

Community pharmacists have their say on TYC

Community pharmacists from all over the province recently met to discuss and debate TYC at workshops held in Antrim and Craigavon.

The recommendations of TYC represent a radical change to how health services are delivered in communities. The provision of the right care in the right place at the right time is a key principle of this change. Community



Delegates pictured at the roadshow in Craigavon.

pharmacists are well placed to contribute to the prevention of ill health and to the achievement of better outcomes when ill health occurs enabling people to live healthily and independently as long as possible.

Speaking at the workshops, John Compton, Chief Executive of the Board said: "It is vital that community pharmacists, who provide valuable front line services to the public, have their say on how we design and deliver the pharmacy

services of the future. The successful introduction of Integrated Care Partnerships relies on our community pharmacists working with doctors, nurses, social workers, other healthcare professionals and the voluntary and community sector to keep people well and to ensure they get the care they need, when they need it."

Gerard Greene, Community Pharmacy NI (CPNI) Chief Executive, said: "These events enabled pharmacy owners and community pharmacists to consider the TYC proposals and the proactive role they as health













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professionals will play in developing the community pharmacy network that is fully integrated into Northern Ireland's evolving health service.

"CPNI provides a key role in informing and engaging with pharmacy stakeholders in the development and implementation of the extended role of the community pharmacist. By working in partnership with health and social care we can ensure that community pharmacists act upon this unique opportunity to utilise their skills, experience and facilities to deliver new



Delegates who attended the Roadshow in Antrim.

services to improve health and well-being outcomes for the people of Northern Ireland."

Transformation in Action

In each update, we provide a flavour of some examples of initiatives being taken forward to deliver on the TYC vision.

Rapid Response Nursing Team

The team in the Western area is a community based nursing service that provides acute nursing care to patients in their local area and in their own homes where appropriate. This prevents admission to hospital, facilitates early discharge and reduces the potential for hospital acquired infections.

On the road with the Western Team recently, the Minister for Health, Social Services and Public Safety, Edwin Poots said:

"I have been extremely impressed by the work that goes on to keep people out of hospital and helping people to return to their own homes after a hospital stay. Of course this also brings with it a whole range of positive outcomes including providing patients with a choice for their preferred location for care and treatment and supporting the independence of older people. Indeed, I have been

Transforming Your Care is very clear about the need to enhance treatment, care and support closer to home and in the community. The Rapid Response Nursing Team in the Western Trust is evidence of the benefits of this approach.



Pictured (I - r), Teresa McDermott, Western Trust Team leader; patient Patricia McCaul and Minister, Edwin Poots at Patricia's home.

heartened to learn of the extremely positive experience of patients and service users."

The Rapid Response Team works closely with hospital Consultants and GPs to determine the treatments required to maintain patients in their local community. Treatments delivered by the team include blood transfusions, intravenous antibiotics and palliative care out of hours.













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Resettlement for people with learning disabilities remains a priority

"No-one with a learning disability, or other health needs, should continue to live in hospital unless they are receiving treatment."

That was the key message delivered by Minister Edwin Poots as he met staff and residents at Amore Care Apple Mews Bungalows in Armagh recently. Apple Mews is a purpose built registered nursing home development within the city of Armagh. There are five bungalows offering modern living for residents previously in long term institutional care (mainly in Longstone Hospital, Armagh).

The Minister said: "Making a difference to the lives of all in our society, and especially those who are vulnerable and disadvantaged, remains a firm priority for me.

"I am very interested to see at first hand the range of different facilities which have been established to offer a new home, and a new life, to former patients of learning disability hospitals.

"It is consistent with the principles of better health outcomes, and integrated working as outlined in Transforming Your Care, and documents like Bamford's 'Equal Lives' which preceded it," he said.

Telemonitoring

Sixty five year old Rostrevor resident John Hicks suffers from the respiratory disease, Emphysema. For the last two years, John has been using the telemonitoring system which has been installed into his home and the effective use of this technology has helped him to manage his condition with greater independence and reduced hospital admissions.



John Hicks manages his condition in the comfort of his own home.

Speaking about the benefits of the service Mr Hicks said:

"Telemonitoring has really helped me understand a lot more about my condition. I take my readings every day and I now know what my readings should or shouldn't be. Having this service has given me the confidence to help me manage my condition. I also feel very reassured knowing my readings are monitored on a daily basis and my nurse is alerted to any issues.

"I am delighted to say I haven't had to go into hospital any time during the last eleven months and I am able to continue with my volunteering work as a trainer with the Newry and Mourne Chest, Heart and Stroke Association. I would definitely recommend this service to anyone."

For more information, or to send us your comments or feedback - please get in touch:



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